



WARM MIST: Warm mist gives you anti-bacterial and anti-germ mist.



MIST LEVEL: Low / Med / High



AUTO: Myst monitors environment humidity and maintains it to a perfect 60%.

SLEEP: Long press (2s) to enter sleep mode. Press any button to wake up.



TIMER: 2hrs / 4hrs / 8hrs / 12hrs / Turn off.



LIGHTING MODES

L1- Mood Light: LED lighting transitions softly to set the mood in your room.

L2- Pick a Color: Press light button again to set your preferred color.

L3- Deep Breathing Meditation: Follow along the light colors to practice relaxing 4 - 7 - 8 breathing technique, designed to help slow down your thoughts, and improve sleep and recovery.

4s

7s

8s

IH- Inhale

HO-Hold breath

EH-Exhale slowly



QUICK START GUIDE



1. Add water

Carry the water tank by handle, and add water up to the max water level.



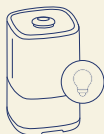
2. Explore functions

Simple control panel instruction.
(See back for details)



3. Enjoy Aromatherapy

Add 2-3 drops of the essential oil of your choice to the aroma box.



4. Play with the lighting

3 types of lighting modes help your body and mind work in the perfect harmony.



See product demonstration video on MIKO website.