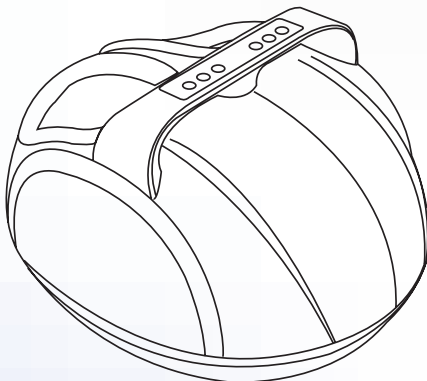


Tranqwil



M1 Foot Massager

User Manual

TMF-01SB



READ AND SAVE THESE INSTRUCTIONS AND WARNINGS

WHEN USING AN ELECTRICAL APPLIANCE, BASIC PRECAUTIONS SHOULD ALWAYS BE FOLLOWED. READ ALL THE INSTRUCTIONS BEFORE USING YOUR M1 FOOT MASSAGER.


DANGER

To reduce the risk of electric shock, always unplug this appliance from the electrical outlet immediately after use and before cleaning the appliance.

WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments which are not recommended by the MIKO.
- Never operate this appliance if it has a damage cord or plug if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to Tranqwil service center for examination and repair.
- Do not carry this appliance by cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the appliance with the air openings blocked. Keep the air openings free from lint, hair, etc.
- People who are heat-sensitive should pay attention to the unit when the surface of the unit becomes hot.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.



If you have a medical condition like diabetes, suffer from blood clots, recently had surgery and/or are pregnant, consult your doctor before using the unit.

- Do not use the massager for any purpose other than massage.
- Keep out of reach of children.
- Do not use the massager if some parts are missing.
- Do not insert any metal objects inside the massager. This may result in electric shock
- Do not stand inside the unit and apply excessive pressure to the massager. This may significantly slow down or stop the motor, causing the unit to overheat.
- Do not fall asleep using the massager.
- Do not cover the massager during operation, this may result in overheating of the unit.
- Do not unplug the massager from the electrical outlet during operation. This may result in injury. Turn off the unit from the control panel first, then unplug it from the outlet.
- Due to risk of electric shock do not place wet legs and feet inside the unit.
- Do not use the massager in the bathroom where you might come in contact with water.
- Prior to use make sure that your voltage corresponds with the voltage of the massager.
- Do not pull on the power cord when disconnecting from the electrical outlet, hold the plug when disconnecting.
- Due to risk of electric shock, do not handle the plug and cord with wet hands.
- Do not wrap cord around the unit as it may damage the cord and result in electric shock or fire.
- Do not place power cord under the massager or any heavy object.
- Do not operate the massager with a damaged cord, do not try to fix it yourself. Contact Tranqwil for repair.
- If you experience any discomfort while using the massager, press the “Power button” to turn the unit off.
- Some users may experience feet itching during and after the massage. This happens as a result of improved blood circulation and is ok.



CONNECT THIS APPLIANCE TO A PROPERLY GROUNDED OUTLET ONLY. SEE GROUNDING INSTRUCTIONS. STOP USING THE MASSAGER AND TURN THE UNIT OFF FROM THE CONTROL PANEL FIRST, THEN FROM THE ELECTRICAL OUTLET.

Immediately discontinue use if any of the following occurs:

- If you experience severe or abnormal pain during the massage.
Please consult a doctor.
- If water was accidentally spilled on the massager. This may cause electrical shock.
- If you detect any malfunction during operation.
- If there is a power failure. Injury may occur when the power will be restored unexpectedly.
- If there is lightning.

SAVE THESE INSTRUCTIONS FOR HOUSEHOLD USE ONLY

Do not attempt to repair the appliance, contact Tranqwil service center.

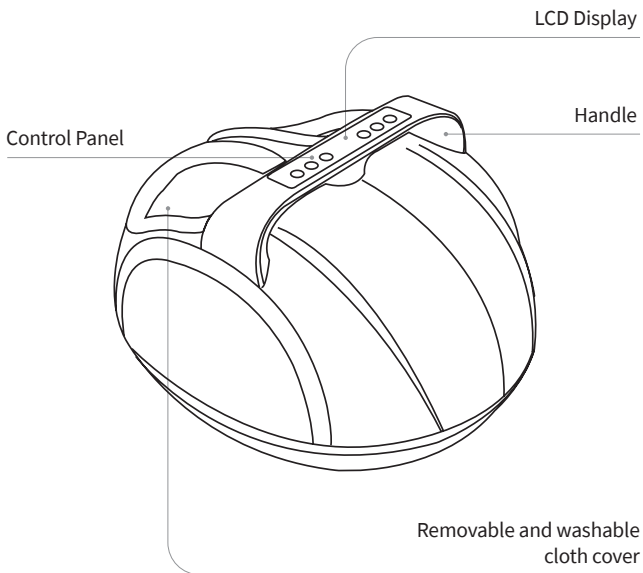
A short power supply cord is provided to reduce the hazards resulting from entanglement or trapping over the long cord. Do not use extension cord as it can be pulled on by children causing the unit to tip over.

GROUNDING INSTRUCTIONS

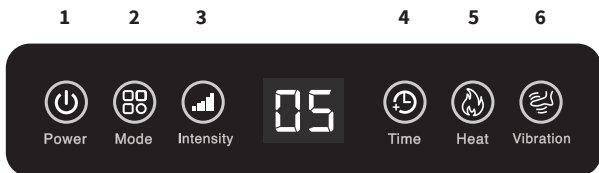
This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.



PRODUCT INTRODUCTION



CONTROL PANEL SETTINGS



1. Power: Turns on/off the machine
2. Mode: Press the button to switch between three massage modes
 - Shiatsu + Air Pressure +Vibration
 - === Shiatsu Only
 - === Air Pressure Only
3. Intensity: Press the button to choose 9 intensities to your preference (default intensity is 5)
4. Time: Press the button to add 5 mins to the default 15-min massage session. You can adjust the time up to 30 mins.
5. Heat: Press the button to turn on/off the heating function
6. Vibration: Press the button to switch between Low/High/No vibration



USAGE

PLEASE READ ALL USER INSTRUCTIONS PRIOR TO OPERATING YOUR MASSAGER.

IMPORTANT: Do not stand inside the unit or apply excessive pressure to the massager. This may significantly slow down or stop the motor, causing the unit to overheat.

1. Plug into the wall outlet and the unit will be ready for use.
2. Choose a comfortable chair of equal height. Place your legs into the slots and relax.
3. Press the power button to turn the massager on. The unit will beep one time and start with P5 (Pressure level 5) and the Heat Mode on. The LCD will start a 15-minute countdown.
4. You will feel the air pressure increasing and then releasing during the duration of the massage. For optimal massage experience, you will feel the change of direction and type of massage. During the massage, feel free to change levels by “Intensity” button according to your comfort level.
5. The heat will gently rise up to the perfect temperature in a few minutes. You can turn the heat off any time by pressing the Heat Mode button.
6. Besides intensity and heat, you can adjust the massage modes, vibration and timer at any time during the massage.
7. To turn the unit off at any time, just press on the power button. The next time you turn it back on, it will start a new 15-minute massage session with P5 and heat on.
8. Unplug the unit when done using the massager.

CARE AND STORAGE

- Before cleaning, always make sure to turn off the unit from the control panel first, then unplug from the electrical outlet.
- Do not use any abrasive cleaners when cleaning the unit.
- Use a dry cloth when cleaning the massager. Never use the damp cloth to clean the control panel and massager unit.
- When not in use for a long time, store the massager in a dust and moisture free environment with the cord coiled. Do not wrap the cord around the unit.
- Do not leave the unit under direct sunlight for an extended period of time.
- Do not store the massager unit near the heat source.
- If the massager unit malfunctions or breaks down, never try to repair it yourself, contact Tranqwil service center.



SPECIFICATIONS

Material: ABS, Metal, fabric

Product Size: 20*10.4*15.6 in / 45.5*26.5*39.5 cm

Weight: 10 lbs / 4.5 kgs

Power output: 50 watts

Voltage: AC 110V/50 Hz

PRODUCT TROUBLESHOOTING

PLEASE REFER TO THE FOLLOWING SEVERAL TIPS AND POSSIBLE SOLUTIONS IF PROBLEMS OCCUR DURING USAGE OF THIS PRODUCT. THE PRODUCT MAY BE RETURNED TO THE SERVICE CENTER OR UNDERGONE INSPECTION AND REPAIR BY AUTHORIZED TECHNICIANS.

PROBLEMS	POSSIBLE CAUSES	SOLUTIONS
Not working	Unplugged	Connect the product to power or check whether or not the product is well-connected
	Power button not pressed	Press the power button
Suddenly stops running	Power disconnection	Restart the product
	Operation duration over 15 mins	Restart the product after cooling
	Product overrun and overheat	Restart the product and gently place your feet in the foot insert.
	Feet are pressing down too hard and causing during operation that the massage balls stop rotation due to the high pressure	Add water and make sure the tank is correctly attached to the base.





Tranqwil

For all comments, questions or complaints, please reach out to us.

Email: hello@tranqwilhome.com Website: Tranqwilhome.com